

Mountain leader course assessment

The course will start on the Monday morning.

There will be a short introduction to the course before we go onto the hills so please come dressed appropriately.

Dlog

Please have your Dlog completed and up to date with the pre-requisite number of hill days and group days. For more info and helpful checklists etc follow this link: [Mountain Training Website info](#)

Current first Aid qualification

Day1 Introductory Navigation

Maps: Please ensure you have all 4 of the 1:25.000 of the Lake District that's OL 4, 5, 6 & 7
1:50.000 Sheet No90

Kit Please pack your sack as if you were leading a group on the mountains for the day. This should include what you consider to be suitable emergency & first aid kit as well as personal kit.

Day 2 Security on steep ground

Please bring a helmet if you have one. Also any other equipment you think suitable for working with ropes. We will supply rope & helmet if you do not have it.

Day 3-5 Expedition

You will be out for 2 nights, 3 days. We will return for lunch on the last day. You will be expected to be self sufficient on the expedition so please bring your own tent, stove & food etc..

We will be out for at least one night navigation, please ensure you have sufficient batteries should we be out for a 2nd night.

Assessment papers

Please bring these completed to day 1 of the course.

Mountain Lectures

Please pick two subjects from the list below and prepare "hill chats" or discussion to deliver during a mountain day (roughly five to ten minutes). If you have some other area of expertise or interest please contact Climb365 to discuss if these would be appropriate.

These should be interactive, maybe using props or laminated cards or whatever you feel appropriate, but will be delivered on the hill as part of our journey.

Forestry plantations

Natural woodland

Upland ground nesting birds

Early hill settlements

The ecology of walls

Patterned ground

Deer on mountains

Shooting and fishing in the uplands

Fragile upland environments

The ecology of bogs

Trees above 600m

Common mountain birds and their identification

Extra Info

There are many resources on the Mountain Training website to support you as you prepare for assessment.

[Here is a link to the Mountain Training website](#)

Climb365

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