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## Winter kit list

This kit list is a suggestion of the things to bring. Some are essential, some are just a guide.

If your in doubt, please call us or email as it's best to sort things now than on the morning of your day out.

# Personal clothing for walking/climbing.

Warm trousers (thermal or fleece not cotton)

Thermal top long sleeved

Fleece jumper

Spare jumper/synthetic jacket

Hat/balaclava plus spare if you have it

Gloves to walk in with

Thick gloves (ski gloves) to use for snow skills or climbing

Spare gloves / or mitts as spares in your dry bag

Winter boots (rigid soles)

Gaiters or waterproof trousers with elasticised grips with something that goes under the boot

Waterproof jacket and trousers

40L rucksack

Dry bag to keep spare gloves etc dry in the rucksack.

Head torch

Compass & 1:50 or 1:40 of the area

Crampons

Helmet (we supply these free)

walking axe (unless you are climbing then you just use the climbing axes)(you can hire these from us)

### **Climbing extras**

Axes: ice axe & ice hammer

Harness (we can supply this free just let us know)

Thick warm climbing gloves (preferably waterproof)Good gloves are a essential) Winter climbing hardware, e.g. belay plate, ice screws, lead rack (contact us direct for details prior to your technical course

### **Other Bits**

Lots of food and drink (1ltr min) Goggles for blizzard conditions! Sunglasses for non-blizzard conditions!

#### Hiring Kit.

We normally arrange boot hire for you. Please let us know your sizes, if you are not sure about the suitability of your boots please check with us.

